

REMARKS

Applicants have canceled claims 1-2. Applicants have amended the subject application and request consideration of new claims 3-21. Applicant believes the present preliminary amendment to the specification and claims does not add new matter to the present application subject to MPEP 608.04(a).

New independent claim 3 recites a mechanical system for exercising oblique muscles of a body, which includes a base and a neck rigidly coupled to the base. A handle is coupled to a distal end of the neck. A platform is in rotational contact with the base. A divider is rigidly coupled to and extends upwardly from the platform. A force applied to a vertical surface of the divider causes rotation of the platform with respect to the base.

New independent claim 9 is drawn to an exercise machine. The machine includes a base, a shaft coupled to the base, a handle coupled to the shaft, a platform in rotational contact with the base and a divider coupled to the platform which provides a rotating leverage point of the platform.

New independent claim 16 recites an exercise apparatus to activate the oblique muscles of a body. The apparatus includes a base having a fixed portion, an extendible shaft coupled to the fixed portion of the base, a handle coupled to the extendible shaft to allow for an upper portion of the body to be held in a stationary position, a foot plate in rotational contact with a second portion of the base, wherein the foot plate allows for a lower portion of the body to turn, and a divider coupled to the foot plate, wherein a force applied to a vertical surface of the divider causes the foot plate to rotate.

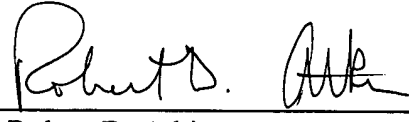
Finally, new independent claim 19 recites a method of manufacturing an exercise machine. The method includes providing a base, providing a shaft coupled to the base, providing a handle coupled to the shaft, providing a platform in rotational contact with the base, and providing a divider coupled to the platform which provides a rotating leverage point of the platform.

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Slowinski, P.
PRELIMINARY AMENDMENT

The Commissioner is authorized to charge any fees due in connection with this filing and during the pendency of this application, to Deposit Account No. **17-0055**.

Respectfully submitted,
QUARLES & BRADY STREICH LANG, LLP

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By: 
Robert D. Atkins
Reg. No. 34,288

Address all correspondence to:

Robert D. Atkins
One Renaissance Square
Two North Central Avenue
Phoenix, AZ 85004
Telephone: (602) 229-5311
Facsimile: (602) 229-5690
E-mail: rda@quarles.com